



FUNCTIONAL STRENGTH
PILATES & PERSONAL TRAINING

10047 Park Meadows Drive, Suite C
Lone Tree, CO 80124
303.589.8710

**FUNCTIONAL STRENGTH PILATES TEACHER TRAINING PROGRAM
APPLICATION**

Name _____

Address _____

Phone _____ Email _____

Applying for January/June (circle one) 201____ start date.

Describe your pilates experience both as a student and, if applicable, as an instructor:

Please describe your health history:

*Please include a non-refundable \$150 payment with this application. Payment can be made via credit card paid over the phone or in person. Or, a check, made out to Functional Strength, can be mailed with this application.

The studio owner will contact you shortly to discuss the Program and your application. You can email the application to info@functionstrengthpilates.com or you can mail it to the above address.